



Post-Test Administration Guidelines

Program Facilitators: The purpose of the post-test is to gather information regarding student knowledge, beliefs, and intentions regarding sexual behavior. Comparing the scores from the pre-test to the post-test helps to describe any changes that might have occurred in student knowledge, beliefs, and intentions after the program was implemented and whether program objectives were met. Therefore, it is important to administer **both** pre and post-tests as indicated.

Please be sure to administer a post-test survey to all students who have just finished participating in the program. Administer the survey immediately after students complete the last program lesson or soon thereafter.

The post-test may take 10-20 minutes to complete. **Read the survey instructions to students before administration.** Allow students sufficient time to answer each question.

Return completed surveys to your program coordinator.

For questions regarding pre and post-test administration, contact:

[Insert Program Coordinator Name, Contact Information]



Student Knowledge, Attitudes, and Beliefs Post Survey

Thank you for participating in our survey. Your participation is very important. You will be asked to take this survey two times. The information you give will be used to develop better sex education programs for teens.

Please answer the questions honestly and based on what you really think. There are no right or wrong answers.

DO NOT write your name on this survey. The survey that you are filling out will be kept in a safe and secure place. No one will know what you write. Your teachers, parents, or other students will not know your answers. The information you provide will not be used to find your name.

Completing this survey is not required. Whether or not you answer the questions will not affect your grades in this class. If you are not comfortable answering a question, just leave it blank.

Make sure to read every question and circle your answers. When you are finished, follow the instructions of your teacher.

Please feel free to ask your teacher any questions that you may have about this survey.

THANK YOU VERY MUCH FOR YOUR HELP!



Student Knowledge, Attitudes, and Beliefs Post Survey

These first questions ask about you and your background.

1. How old are you?
 - A. 10 years old or younger
 - B. 11 years old
 - C. 12 years old
 - D. 13 years old
 - E. 14 years old
 - F. 15 years old
 - G. 16 years old or older

2. What is your gender?
 - A. Female
 - B. Male

3. In what grade are you?
 - A. 5th grade
 - B. 6th grade
 - C. 7th grade
 - D. 8th grade
 - E. 9th grade
 - F. 10th grade
 - G. 11th grade
 - H. 12th grade

4. Are you Hispanic or Latino?
 - A. Yes
 - B. No

5. What is your race? Choose all that apply.
 - A. American Indian or Alaska Native
 - B. Asian
 - C. Black or African American
 - D. Native Hawaiian or Other Pacific Islander
 - E. White
 - F. Other

6. Who do you live with in your household? (Please choose all that apply)
 - A. Biological mother (person who gave birth to you)
 - B. Biological father (male parent you are genetically related to)
 - C. Stepmother
 - D. Stepfather
 - E. Foster mother
 - F. Foster father
 - G. Adoptive mother
 - H. Adoptive father



- I. Parent’s partner, boyfriend, or girlfriend
- J. Brother or sister
- K. Grandparent
- L. Aunt or uncle
- M. Other relative
- N. Other

The following questions ask about what you know about sexually transmitted diseases (STDs) and HIV/AIDS.

Read each statement carefully and then mark if you think it is True, False, or if you are Not Sure.	True	False	Not Sure
7. You cannot get an STD from having oral sex.	A	B	C
8. One of the best ways to not get HIV, AIDS, or another STD is to not have sex.	A	B	C
9. Some STDs put you at higher risk of getting infected with HIV.	A	B	C
10. You can tell if a person has HIV or AIDS just by looking at them.	A	B	C

11. Mark if you think the following are common signs of having an STD (not including HIV/AIDS). Please choose all that apply.
- A. Throwing up or vomiting
 - B. Discharge, liquid, or pus from penis or vagina
 - C. A headache
 - D. A blister or sore on the penis or vagina
 - E. Pain or burning when urinating (going to the bathroom)
 - F. Irritation or itching on the penis or vagina
 - G. Some STDs have no symptoms at all

The following questions ask about your beliefs regarding abstinence. Please be honest and remember that all your answers are kept private.

Mark how much you agree or disagree with the following statements.	Strongly Disagree	Disagree	Agree	Strongly Agree
12. I believe people my age should wait until they are older to have sex.	A	B	C	D
13. I believe it is okay for people my age to have sex with a steady boyfriend or girlfriend.	A	B	C	D
14. I believe it is okay for people my age to have sex as long as they use a condom.	A	B	C	D
15. I believe it is okay for people my age to have sex with a friend.	A	B	C	D
16. Most teens who have had sex wish they had waited until they were older.	A	B	C	D
17. Most teens are having sex.	A	B	C	D



The following questions ask about what you think your friends' beliefs are regarding abstinence. Please be honest and remember that all your answers are kept private.

Mark how much you agree or disagree with the following statements.	Strongly Disagree	Disagree	Agree	Strongly Agree
18. Most of my friends believe people my age should wait until they are older before they have sex.	A	B	C	D
19. Most of my friends believe it is okay for people my age to have sex with a steady boyfriend or girlfriend.	A	B	C	D
20. Most of my friends believe it is okay for people my age to have sex as long as they use a condom.	A	B	C	D
21. Most of my friends believe it is okay for people my age to have sex with a friend.	A	B	C	D

The following questions tell us how confident you are that you can do what is described.

Mark how confident you are that you could perform the following actions.	I definitely could not stop them	I probably could not stop them	I probably could stop them	I definitely could stop them
22. Imagine you are alone with someone you like very much. Could you stop them if they wanted to kiss you on the lips, but you did not want them to do that?	A	B	C	D
23. Imagine you are alone with someone you like very much. Could you stop them if they wanted to touch your chest or breasts, but you did not want them to?	A	B	C	D
24. Imagine you are alone with someone you like very much. Could you stop them if they wanted to touch your private parts below the waist, but you did not want them to?	A	B	C	D
25. Imagine you are along with someone you like very much. Could you stop them if they wanted to have sex with you, but you did not want them to?	A	B	C	D

Now thinking about the future, how likely are the following things to happen?

Mark how much you agree or disagree with the likelihood of the following statements occurring	Yes, definitely	Yes, probably	No, probably not	No definitely not
26. Do you intend to have sexual intercourse in the next year, if you have the chance?	A	B	C	D
27. Do you intend to be sexually abstinent (that is, not have sexual intercourse) from now until the end of high school?	A	B	C	D



28. Do you intend to be sexually abstinent (that is, not have sexual intercourse) from now until marriage?	A	B	C	D
29. If you were to have sexual intercourse in the next year, do you intend to use (or have your partner use) a condom?	A	B	C	D

Next, you will be asked whether you and your parents/guardians have ever talked about different things. For these questions the term “parents/guardians” means the adult(s) you live with most of the time. They could be your biological parents, other adult family members, or legal guardians. Some of the questions are very personal. Remember, your answers will be kept private.

Mark how often you’ve discussed the following topics.	We’ve never talked about it	We’ve talked about it once or twice	We’ve talked about it lots of times
30. How many times has your parent/guardian ever talked to you about going out with someone you are attracted to?	A	B	C
31. How many times has your parent/guardian ever talked to you about how your body will change when you grow up or get older?	A	B	C
32. How many times has your parent/guardian ever talked to you about waiting to have sex until you are older?	A	B	C
33. How many times has your parent/guardian ever talked to you about waiting to have sex until you are married?	A	B	C
34. How many times has your parent/guardian ever talked to you about peer pressure?	A	B	C
35. How many times has your parent/guardian ever talked to you about HIV, AIDS or other sexually transmitted diseases?	A	B	C
36. How many times has your parent ever talked to you about condoms?	A	B	C

The following questions ask about the program you just finished in your school or after-school program. Remember all of your answers will be private.

Mark how much do you agree or disagree with the statements below.	Strongly disagree	Disagree	Agree	Strongly agree
37. I feel the program was useful for me.	A	B	C	D
38. The activities in the program were fun.	A	B	C	D
39. I felt the teacher(s) was respectful towards everyone during the program.	A	B	C	D
40. I would recommend this program to my friends.	A	B	C	D