

Making Proud Choices!

FIFTH EDITION

Logic Model

advancing
health
equity **etr.**

Making Proud Choices! Logic Model: Snapshot

MPC Intervention Modules Designed to Change Risk & Protective Factors	Risk & Protective Factors Affecting Sexual Behaviors Addressed in MPC	Behaviors Directly Affecting MPC's Health Goals	MPC's Health Goals
<p>Module 1: Getting to Know You and Steps to Making Your Dreams Come True</p> <p>Module 2: A Possible Outcome of Unprotected Sex: HIV Infection</p> <p>Module 3: Attitudes about Sex, HIV and Condom Use</p> <p>Module 4: Strategies for Preventing HIV Infection: Stop, Think and Act</p> <p>Module 5: Possible Outcomes of Unprotected Sex: STIs</p> <p>Module 6: A Possible Outcome of Unprotected Sex: Pregnancy</p> <p>Module 7: Developing Condom Use and Negotiation Skills</p> <p>Module 8: Enhancing Refusal and Negotiation Skills</p>	<p>KNOWLEDGE/AWARENESS of:</p> <ul style="list-style-type: none"> HIV definitions, transmission, testing and prevention STIs definitions, transmission, testing and prevention Unintended pregnancy and its consequences Condom use Problem solving, negotiation and refusals Contraceptive methods <p>BEHAVIORAL BELIEFS:</p> <ul style="list-style-type: none"> Goals and dreams: Sexual activity may interfere with goals and dreams for education and a career Prevention belief: Abstinence and using condoms can prevent HIV, STIs and pregnancy Partner Reaction Belief: Youth should communicate with partners and advocate for what they want related to abstinence or condom use Hedonistic Belief: Condoms can be fun and pleasurable <p>ATTITUDES about:</p> <ul style="list-style-type: none"> Contraception Safer sex Condom use <p>PERCEPTION OF RISK related to:</p> <ul style="list-style-type: none"> Susceptibility to and severity of HIV Susceptibility to and severity of STIs Susceptibility to and severity of unintended pregnancy <p>SKILL AND SELF-EFFICACY to:</p> <ul style="list-style-type: none"> Use condoms correctly Negotiate abstinence or condom use Problem solve Refuse 	<p>Decrease frequency of sex among sexually experienced youth</p> <p>Decrease the frequency of unprotected sexual intercourse</p> <p>Increase consistent condom use</p>	<p>To prevent teen pregnancy</p> <p>To prevent HIV and other STIs</p>

Making Proud Choices! Logic Model: Detailed Version

Decrease frequency of sex among sexually experienced youth

Activities Designed to Change Risk & Protective Factors	Risk & Protective Factors Affecting Sexual Behaviors Addressed	Behaviors That Affect Health Goals	Health Goals
KNOWLEDGE			
1G: Brainstorming Obstacles or Detours Along Your Timeline 2A: Discussing HIV and AIDS 2B: <i>The Subject is HIV</i> Video and Discussion 2C: Myths and Facts About HIV 2D: HIV Risk Continuum 3A: <i>The Hard Way</i> Video and Discussion 3B: Calling Koko 4D: The HIV/AIDS Game 5A: STIFacts 5[A]: <i>The Subject is STDs</i> Video	Knowledge of STIs, including HIV	Decreased frequency of sex among sexually experienced youth	Preventing unintended pregnancy Preventing HIV and other STIs
↑	↑	↑	↑
6A: True or False: Pregnancy Statements 6[B]: <i>Tanisha & Shay</i> Video 4A: STOP, THINK, and ACT: Introduction to Problem Solving 4C: <i>Nicole's Choice</i> Video and Discussion 7E: Introduction to SWAT and Scripted Roleplays 8A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> Video	Awareness about unintended pregnancy and its consequences Knowledge of how to problem solve, negotiate and refuse		
↑	↑		

Making Proud Choices! Logic Model: Detailed Version

Decrease frequency of sex among sexually experienced youth

Activities Designed to Change Risk & Protective Factors	Risk & Protective Factors Affecting Sexual Behaviors Addressed	Behaviors That Affect Health Goals	Health Goals
BEHAVIORAL BELIEFS			
1F: Goals and Dreams Timeline 1G: Brainstorming Obstacles or Detours Along Your Timeline 2D: HIV Risk Continuum 8D: Closing Activity	Goals and dreams: Sexual activity may interfere with goals and dreams for education and a career	Decreased frequency of sex among sexually experienced youth	Preventing unintended pregnancy Preventing HIV and other STIs
1E: Brainstorming About Teens and Sex 2B: The Subject is HIV Video and Discussion 2D: HIV Risk Continuum 3A: <i>The Hard Way</i> Video and Discussion 3B: Calling Koko 4B: Sean and Morgan Case Study: Problem Solving Using STOP, THINK and ACT 4C: <i>Nicole's Choice</i> Video and Discussion 5A: STI Facts 5[A]: <i>The Subject is STDs</i> Video 5B: The Transmission Game 5C: What I Think About HIV/STI and Safer Sex 6[B]: <i>Tanisha & Shay</i> Video	Prevention belief: Abstinence and using condoms can prevent HIV, STIs and pregnancy		
7E: Introduction to SWAT and Scripted Roleplays 8A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> Video	Partner Reaction Belief: Youth should communicate with partners and advocate for what they want related to abstinence or condom use		

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Decrease frequency of sex among sexually experienced youth

Activities Designed to Change Risk & Protective Factors	↑	Risk & Protective Factors Affecting Sexual Behaviors Addressed	↑	Behaviors That Affect Health Goals	↑	Health Goals
ATTITUDES						
1G: Brainstorming Obstacles or Detours Along Your Timeline 5C: What I Think About HIV/STI and Safer Sex	↑	Attitudes about safer sex and condoms, and contraception	↑	Decreased frequency of sex among sexually experienced youth	↑	Preventing unintended pregnancy Preventing HIV and other STIs
PERCEPTION OF RISK						
2A: Discussing HIV and AIDS 2B: <i>The Subject is HIV</i> Video and Discussion 2C: True or False: HIV 2D: HIV Risk Continuum 3A: <i>The Hard Way</i> Video and Discussion 3B: Calling Koko 5A: STI Facts 5[A]: <i>The Subject is STDs</i> Video 5B: The Transmission Game	↑	Perception of chances and consequences of contracting HIV and other STIs	↑	Decreased frequency of sex among sexually experienced youth	↑	Preventing unintended pregnancy Preventing HIV and other STIs
6A: True or False: Pregnancy Statements 6[B]: <i>Tanisha & Shay</i> Video	↑	Perception of chances and consequences of becoming pregnant	↑			
SKILLS						
7E: Introduction to SWAT and Scripted Roleplays 8A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> Video	↑	Skill and self-efficacy to negotiate abstinence, safer sex and condom use	↑	Decreased frequency of sex among sexually experienced youth	↑	Preventing unintended pregnancy Preventing HIV and other STIs
4B: Sean and Morgan Case Study: Problem Solving Using STOP, THINK and ACT	↑	Skill and self-efficacy to problem solve	↑			
7E: Introduction to SWAT and Scripted Roleplays 8A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> Video	↑	Skills and self-efficacy to refuse	↑			

Making Proud Choices! Logic Model: Detailed Version

Decreased frequency of unprotected sexual intercourse

Activities Designed to Change Risk & Protective Factors	Risk & Protective Factors Affecting Sexual Behaviors Addressed	Behaviors That Affect Health Goals	Health Goals
KNOWLEDGE			
1G: Brainstorming Obstacles or Detours Along Your Timeline 2A: Discussing HIV and AIDS 2B: <i>The Subject is HIV</i> Video and Discussion 2C: True or False: HIV 2D: HIV Risk Continuum 3A: <i>The Hard Way</i> Video and Discussion 3B: Calling Koko 4D: The HIV/AIDS Game 5A: STI Facts 5[A]: <i>The Subject is STDs</i> Video	Knowledge of STIs, including HIV	Decreased frequency of unprotected sexual intercourse	Preventing unintended pregnancy Preventing HIV and other STIs
6A: True or False: Pregnancy Statements 6[B]: <i>Tanisha & Shay</i> Video	Awareness about unintended pregnancy and its consequences	↑	↑
7A: Condom Line-Up 7B: How to Make Condoms Fun and Pleasurable 7C: Barriers to Condom Use/Condom Pros and Cons	Knowledge of how to use a condom	↑	
4A: STOP, THINK, and ACT: Introduction to Problem Solving 4C: <i>Nicole's Choice</i> Video and Discussion 7E: Introduction to SWAT and Scripted Roleplays 8A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> Video	Knowledge of how to problem solve, negotiate and refuse	↑	
6C: Birth Control Methods Demonstration	Awareness of contraceptive methods	↑	

Making Proud Choices! Logic Model: Detailed Version

Decreased frequency of unprotected sexual intercourse

Activities Designed to Change Risk & Protective Factors	↑	Risk & Protective Factors Affecting Sexual Behaviors Addressed	↑	Behaviors That Affect Health Goals	↑	Health Goals
BEHAVIORAL BELIEFS						
1F: Goals and Dreams Timeline 1G: Brainstorming Obstacles or Detours Along Your Timeline 2D: HIV Risk Continuum 6C: Birth Control Methods Demonstration 8B: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays 8D: Closing Activity	↑	Goals and dreams: Sexual activity may interfere with goals and dreams for education and a career	↑	Decreased frequency of unprotected sexual intercourse	↑	Preventing unintended pregnancy Preventing HIV and other STIs
1E: Brainstorming About Teens and Sex 2B: <i>The Subject is HIV</i> Video and Discussion 2D: HIV Risk Continuum 3A: <i>The Hard Way</i> Video and Discussion 3B: Calling Koko 4B: Sean and Morgan Case Study: Problem Solving Using STOP, THINK and ACT 4C: <i>Nicole's Choice</i> Video and Discussion 5A: STI Facts 5[A]: <i>The Subject is STDs</i> Video 5B: The Transmission Game 5C: What I Think About HIV/STI and Safer Sex 6[B]: <i>Tanisha & Shay</i> Video 6D: Agree/Disagree – Attitudes About Contraception 7C: Barriers to Condom Use/Condom Pros and Cons	↑	Prevention belief: Abstinence and using condoms can prevent HIV, STIs and pregnancy	↑		↑	

Making Proud Choices! Logic Model: Detailed Version

Decreased frequency of unprotected sexual intercourse

Activities Designed to Change Risk & Protective Factors	Risk & Protective Factors Addressed	Behaviors That Affect Health Goals	Health Goals
BEHAVIORAL BELIEFS (continued)			
7C: Barriers to Condom Use/Condom Pros and Cons 7D: "What to Say If My Partner Says...": Responding to Excuses 7E: Introduction to SWAT and Scripted Roleplays 8A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> Video 8B: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays 8C: Talking to Your Partner About Condom Use – Information Review	Partner Reaction Belief: Youth should communicate with partners and advocate for what they want related to abstinence or condom use	Decreased frequency of unprotected sexual intercourse	Preventing unintended pregnancy Preventing HIV and other STIs
7B: How to Make Condoms Fun and Pleasurable	Hedonistic Belief: Condoms can be fun and pleasurable		
ATTITUDES			
1G: Brainstorming Obstacles or Detours Along Your Timeline 5C: What I Think About HIV/STI and Safer Sex 6D: Agree/Disagree – Attitudes About Contraception 8C: Talking to Your Partner About Condom Use – Information Review	Attitudes about safer sex and condoms, and contraception	Decreased frequency of unprotected sexual intercourse	Preventing unintended pregnancy Preventing HIV and other STIs
PERCEPTION OF RISK			
2A: Discussing HIV and AIDS 2B: <i>The Subject is HIV</i> Video and Discussion 2C: Myths and Facts About HIV 2D: HIV Risk Continuum 3A: <i>The Hard Way</i> Video and Discussion 3B: Calling Koko 5A: STI Facts 5[A]: The Subject is STDs Video	Perception of chances and consequences of contracting HIV and other STIs	Decreased frequency of unprotected sexual intercourse	Preventing unintended pregnancy Preventing HIV and other STIs

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Decreased frequency of unprotected sexual intercourse

Activities Designed to Change Risk & Protective Factors	↑	Risk & Protective Factors Affecting Sexual Behaviors Addressed	↑	Behaviors That Affect Health Goals	↑	Health Goals
PERCEPTION OF RISK (continued)						
6A: True or False: Pregnancy Statements 6[B]: <i>Tanisha & Shay</i> Video 6C: Birth Control Methods Demonstration	↑	Perception of chances and consequences of becoming pregnant	↑	Decreased frequency of unprotected sexual intercourse	↑	Preventing unintended pregnancy Preventing HIV and other STIs
SKILLS						
7D: "What to Say If My Partner Says...": Responding to Excuses 8A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> Video 8B: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays	↑	Skill and self-efficacy to negotiate abstinence, safer sex and condom use	↑	Decreased frequency of unprotected sexual intercourse	↑	Preventing unintended pregnancy Preventing HIV and other STIs
4B: Sean and Morgan Case Study: Problem Solving Using STOP, THINK and ACT 7E: Introduction to SWAT and Scripted Roleplays 8A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> Video 8B: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays	↑	Skill and self-efficacy to problem solve Skills and self-efficacy to refuse	↑		↑	

Making Proud Choices! Logic Model: Detailed Version

Consistently using a condom

Activities Designed to Change Risk & Protective Factors	Risk & Protective Factors Affecting Sexual Behaviors Addressed	Behaviors That Affect Health Goals	Health Goals
KNOWLEDGE			
7A: Condom Line-Up	Knowledge of how to use a condom	Consistently using a condom	Preventing unintended pregnancy
7B: How to Make Condoms Fun and Pleasurable			Preventing HIV and other STIs
7C: Barriers to Condom Use/Condom Pros and Cons	Knowledge of how to problem solve, negotiate and refuse		
7E: Introduction to SWAT and Scripted Roleplays			
BEHAVIORAL BELIEFS			
8B: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays	Goals and dreams: Sexual activity may interfere with goals and dreams for education and a career	Consistently using a condom	Preventing unintended pregnancy
5D: Condom Use Skills	Prevention belief: Abstinence and using condoms can prevent HIV, STIs and pregnancy		Preventing HIV and other STIs
7A: Condom Line-Up			
7B: How to Make Condoms Fun and Pleasurable			
7C: Barriers to Condom Use/Condom Pros and Cons			
7D: "What to Say If My Partner Says...": Responding to Excuses			
7C: Barriers to Condom Use/Condom Pros and Cons	Partner Reaction Belief: Youth should communicate with partners and advocate for what they want related to abstinence or condom use		
7D: "What to Say If My Partner Says...": Responding to Excuses			
7E: Introduction to SWAT and Scripted Roleplays			
8A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> Video			
8B: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays			
8C: Talking to Your Partner About Condom Use – Information Review			
7B: How to Make Condoms Fun and Pleasurable	Hedonistic Belief: Condoms can be fun and pleasurable		

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Consistently using a condom

Activities Designed to Change Risk & Protective Factors	↑	Risk & Protective Factors Affecting Sexual Behaviors Addressed	↑	Behaviors That Affect Health Goals	↑	Health Goals
ATTITUDES						
8C: Talking to Your Partner About Condom Use – Information Review	↑	Attitudes about safer sex and condoms, and contraception	↑	Consistently using a condom	↑	Preventing unintended pregnancy Preventing HIV and other STIs
SKILLS						
5D: Condom Use Skills	↑	Skill and self-efficacy to use condoms correctly	↑	Consistently using a condom	↑	Preventing unintended pregnancy Preventing HIV and other STIs
7B: How to Make Condoms Fun and Pleasurable	↑	Skill and self-efficacy to negotiate abstinence, safer sex and condom use	↑			
7D: “What to Say If My Partner Says...”: Responding to Excuses	↑					
8A: Safer Sex Negotiation Skills and <i>Wrap It Up</i> Video	↑					
8B: Practicing and Enhancing Negotiation Skills: Unscripted Roleplays	↑					