1. Show your parent the “Choosing to be Abstinent” worksheet you completed during the last Wait for Sex

doesn’t mean you’re not having fun.

Explain what you wrote on your worksheet to your parent. Ask your parent what he or she thinks of the worksheet. Write what your parent says here:

2. Ask your parent to tell you three good things about waiting to have sex. Write what your parent says here:

1. ___________________________________________________________________
2. ___________________________________________________________________
3. ___________________________________________________________________

3. Ask your parent to give you three suggestions on how you can remain abstinent. Write what your parent says here:

1. ___________________________________________________________________
2. ___________________________________________________________________
3. ___________________________________________________________________