



What is Parent-Child Connectedness (PCC)?

Definition of PCC

A positive, high quality emotional bond between parent and child that is felt by both parent and child (mutual) and is long lasting (sustained over time).

What does PCC look like?

- Parents and children spend enjoyable time together
- They communicate freely and openly
- They are affectionate and warm with each other
- They trust each other
- They respect and support one another
- They share similar values and respect their differences
- They support each other and make an effort to meet each other's needs
- They feel optimistic about the family relationship
- Family conflict is at a low level
- Both parents and children are satisfied with the relationship

Benefits of PCC

- Research shows that PCC can be a "super-protector" for children/teens.
- PCC can form a protective barrier between children and the many challenges and risks they face in today's world.
- PCC can help prevent a variety of health and social problems such as drug use, violence, and teenage pregnancy.

■ Parent-Child Connectedness: New Interventions for Teen Pregnancy Prevention

ETR Associates with support from the Annie E. Casey Foundation

Reprinted from ReCAPPP — ETR Associates' Resource Center for Adolescent Pregnancy
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