Questions About Puberty

1. Mom, is it true that girls have a lot of pain when they have their period? (12-year-old girl)

2. Dad, the girls at school were talking about periods today. What is a period? (11-year-old boy)

3. Mom, is there something wrong with me because I had a wet dream? (13-year-old boy)

4. Mom, how come my friend María has bigger breasts than me? (13-year-old girl)

5. Dad, why do some people say that if you masturbate you will grow hair on your palms? (13-year-old boy)

6. Dad, how does a girl get pregnant? (12-year-old boy)

7. Mom, when do you think it will be okay for me to have sex? (13-year-old girl)

8. Mom, how come I feel really happy one minute and really sad the next? (13-year-old girl)

9. Dad, why do I have all these pimples on my face now? (12-year-old boy)

10. Dad, how will I know when I’m really a man? (13-year-old boy)