

On-Line Scavenger Hunt Answer Sheet

Answers and internet addresses for the answers for the four questions are provided below.

Question 1: Which **incurable** Sexually Transmitted Infection (also called Sexually Transmitted Disease) is the most common in the United States? How many people does it infect annually?

Answer:

Genital Warts (also referred to as Human Papilloma Virus) is the most common incurable sexually transmitted infection in the United States infecting an estimated 5.5 million people annually.

Where to find the answer:

Website: I Wanna Know

Section: STDs 101

Subsection: The Matrix: Incurable STDs (www.iwannaknow.org/101/incurables.html)

Question 2: Drinking alcohol and using drugs can increase a young person's risk for having sex and getting a sexually transmitted infection. Share two statistics from an on-line article that support this statement.

Answer:

Possible statistics:

- 1) Teens 15 years and older who drink are seven times as likely to have sex as teens who don't drink. (Columbia University's Center on Addiction and Substance Abuse)
- 2) Teen drug users are five times more likely to have sex. (Columbia University's Center on Addiction and Substance Abuse)
- 3) Sixty percent of college girls who have an STD were drunk when they had the sex that gave them a disease. (no reference given)

Where to find the answer:

Website: Sex Etc Online Newsletter

Section: "Please"

Subsection: "I'd like an STD with that drink, please."
(www.sxetc.org/library/articles/art00W_127.asp)

Question 3: What is emergency contraception (also called emergency birth control)? How does emergency contraception prevent pregnancy?

Answer:

Emergency contraception is birth control that can be used after a woman has unprotected intercourse. There are two types of emergency contraception: increased doses of birth control pills and the IUD. Both types are prescribed by a health care provider. If used within 72 hours of intercourse, the emergency contraception can prevent pregnancy by preventing the fertilized egg from implanting in the uterus.

Additional Information for the Instructor:

Using birth control before having sex makes a lot more sense than relying on emergency contraception after having sex. Here's why:

1. Emergency contraception is less reliable than regular use of birth control pills or consistent and correct use of condoms.
2. Some emergency contraceptive methods have unpleasant side effects.
3. Emergency contraception usually costs more than regular birth control.
4. Emergency contraception is less convenient to obtain than regular birth control.
5. Emergency contraception offers no protection from sexually transmitted diseases.

To learn more about emergency contraception, check out the Emergency Contraception website at <http://www.opr.princeton.edu/ec/>

Where to find the answer:

Website: TeenWire

Section: "Yikes! I'm in a jam ..."

Subsection: Pregnancy: "I think I might be pregnant."

(www.teenwire.com/index.asp)

Challenge Question 4: What are the five steps to "making a plan" to resist being pressured to have sex with someone before you are ready?

Answer:

1. Decide.

Make a contract with yourself (in writing is cool). Write down why you want to wait and set some limits like "I won't go into a room alone with a love interest," or "I'll stick to kissing."

2. Let somebody know.

"Share this decision with a trusted adult or a trusted friend," says McGee. Though friends may joke about it at first, they will usually come to respect your decision. If they don't, you might want to find new friends.

3. Be up front with the people you date.

Make sure he or she respects your decision.

4. Make plans.

Set goals. Keep your life lively. Put your thoughts and energy into something you enjoy, something productive. Think about where you want to be in five or ten years, and work on ways to get what you want.

5. Give your friends (or a trusted adult) permission to hold you accountable,

to ask you about your physical relationship with someone you're dating. Together, you might spot trouble coming before it arrives.

Where to find the answer:

Website: Sex Etc Website

Section: Abstinence

Subsection: Skipping Sex: Are you Missing Out?

(www.rci.rutgers.edu/~sxetc/articles/skipsex.htm)