

Handout

Sexuality Interviews

1. What messages did you receive about sexuality as you were growing up (from parents, friends, school, media, religion, etc.)?
2. What effect did these messages have on your life?
3. What do you wish your parents would have done differently in terms of helping you understand sexuality? How do you think *your* children would answer this question right now?
4. What messages/values (personal and spiritual) do you want to give your children about sexuality? (Name at least two.)

Adapted from the *Wait for Sex* parent workshop curriculum developed by ETR Associates and funded by the Federal Office of Adolescent Pregnancy Programs.