

Worksheet

Sex on TV: Teens and Parents Talk

Directions:

1. Give your parent(s)/guardian(s) copies of this worksheet and keep one copy for yourself.
2. Choose a popular teen or young adult-oriented TV show to watch together.
3. During or after the show, answer the questions on your individual worksheets. Please note that the worksheets are to guide your discussion only and will not be turned in to your teacher.
4. Discuss your answers.
5. When finished, thank your parent(s)/guardian(s) for sharing and listening. Then ask them to sign the "We Talked!" Form, sign this form yourself, and return it to your teacher.

1. What did you enjoy about the show?

2. Who was your favorite character and why?

3. Relationships:
 - a. Were any of the characters romantically/sexually involved? If so, choose a couple and describe the situation including their approximate ages, quality of their relationship, and their discussion or use of protection against pregnancy and sexually transmitted infections.

 - b. What message(s), positive or negative, does this relationship send young people about sexual involvement?

 - c. Do you agree with the message(s)? Explain.

4. Other Characters:
 - a. Did any of the other characters make sexual comments or do anything related to sex? If so, choose a character and describe what happened.

 - b. What message(s), positive or negative, does this character send young people about sex?

 - c. Do you agree with the message(s)? Explain

5. Were there any additional messages about sex with which you agreed? Explain.

Optional Challenge Questions:

6. Did any of the commercials send messages about sex? Explain.

7. Do you agree with these messages? Explain.