Worksheet

Sexuality Interview

Instructions: Take about 10 minutes to interview each other using the four questions written below.

1. What messages (values) did you receive about sexuality as you were growing up (from parents, friends, school, media, etc.)?

2. What effect did these messages have on your life?

3. What do you wish your parents would have done differently in terms of helping you understand sexuality? How do you think *your* children would answer this question right now?

4. What values do you want to communicate to your children about sexuality? Mention at least two. What do you think are the most effective ways of communicating these values?

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