

Companion Resources

Resources to Help You Make Informed Adaptations



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Companion Resources:

Resources to Help You Make Informed Adaptations

A supplemental document to the adaptation kits, including, but not limited to: *Becoming a Responsible Teen* Adaptation Kit, *Reducing the Risk* Adaptation Kit, *Safer Choices* Adaptation Kit and *SIHLE* Adaptation Kit

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About ETR Associates

ETR Associates (Education, Training and Research Associates), established in 1981, is a national, nonprofit organization whose mission is to enhance the well-being of individuals, families and communities by providing leadership, educational resources, training and research in health promotion with an emphasis on sexuality and health education.

ETR's Program Services Division offers comprehensive services for the development, implementation, evaluation and dissemination of critical public health initiatives. The division works directly with community-based programs, state and local education agencies, health care providers, health educators and public health organizations.

ETR's Publishing Division produces authoritative health education and health promotion resources that empower young people and adults to lead healthier lives. Thousands of ETR pamphlets, books and other materials are used in hundreds of health care settings, schools and workplaces across the United States and around the world.

For more information about ETR, visit www.etr.org.

About CDC's Division of Reproductive Health

The CDC's Division of Reproductive Health (DRH) promotes optimal reproductive and infant health through leadership, scientific and programmatic expertise, support to impact public policy, health care and community practices, and individual behaviors. This mission is accomplished through partnership to conduct research, support national and state-based surveillance systems, provide technical assistance and training, and translate research findings into health care practices and health promotion strategies. CDC DRH priority areas include infant and maternal health, women's reproductive health, global reproductive health, and unintended and teen pregnancy prevention.

www.cdc.gov/reproductivehealth/DRH/index.htm

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Introduction

Adaptation Guidance Project and the Adaptation Kits

The Division of Reproductive Health (DRH) at the Centers for Disease Control and Prevention funded and collaborated with ETR Associates to develop adaptation tools and resources for evidence-based pregnancy and STD/HIV prevention programs. ETR and DRH also worked with curriculum developers to create program specific adaptation kits for evidence-based programs. These kits were developed to provide clarity on how each curriculum was designed, its core components, and the types of adaptations that are considered safe and those that should be avoided. They can be found on ETR's Resource Center for Adolescent Pregnancy Prevention (ReCAPP) website at:

<http://www.etr.org/recapp/index.cfm?fuseaction=pages.AdaptationsHome>

How to Use the Companion Resources

The following is a useful supplement to the adaptation kits. Here you will find links to the latest health information and research that you can use to update information in the curricula and make informed decisions about program planning, assessment and evaluation. You will also find ideas for alternate activities, information about specific ethnic and cultural groups, which is broken down by group and will be invaluable if you want to adapt a curriculum for another youth population, and many other handy resources. These include: a list of websites specifically for teens; a compilation of print materials on fidelity and adaptation; and links to information on teaching skills such as classroom management and leading group discussions.

For more information or to provide feedback on this document, contact Regina Firpo-Triplett at reginaf@etr.org.

Resources to Help Make Informed Adaptations

Content on Adolescent Sexuality, Pregnancy, STIs and HIV

1996–1997 Update: HIV/AIDS, STDs, and TB in Correctional Facilities

This 107-page document reports on the extent of HIV/AIDS, STDs and tuberculosis (TB) among correctional inmates and on the policies and practices being implemented to prevent and control these diseases in correctional settings.

www.ncjrs.gov/pdffiles1/176344.pdf

Adolescent Sexual Health Education: An Activity Sourcebook

Card, J., and T. Benner. Springer Publishing Company, 2007.

Adolescent Sexual Health Education contains more than 60 ready-to-use activities to help practitioners educate teens about pregnancy and STI/HIV/AIDS prevention. The activities are drawn from prevention programs around the country that have been scientifically evaluated and proven to change teens' health behaviors. The book is divided into six sections based on activity type: roleplays, group discussions, homework assignments, group activities, teacher-led discussions and other modalities.

www.socio.com/srch/summary/misc/paspubl4.htm

Advocates for Youth

Advocates for Youth develops programs and advocates for policies that help young people make informed and responsible decisions about their reproductive and sexual health through information, training and strategic assistance. The website has information and publications on many topics in English, Spanish and French. There are also comprehensive lesson plans (40-50 minutes each) on a wide range of issues, such as "Addressing Discrimination" for Gay, Lesbian, Bisexual, Transgendered and Questioning (GLBTQ) Youth, "Body Image," "Contraception" and "Talking about Sexuality and Values."

<http://www.advocatesforyouth.org/>

American Social Health Association (ASHA)

The American Social Health Association is dedicated to improving the health of individuals, families and communities, with a focus on preventing sexually transmitted infections and their harmful consequences. The product catalog has many items for sale such as brochures, books, posters and newsletters. There is an extensive links section to websites addressing herpes, HPV, HIV, women's health, GLBT, minority health, adolescent/teen health, etc. ASHA also sponsors two teen websites, one in English and one in Spanish, with extensive information about teen sexual health and STIs.

www.ashastd.org/

Association of Reproductive Health Professionals (ARHP)

ARHP is a multidisciplinary association of professionals who provide reproductive health services or education, conduct reproductive health research, and influence reproductive health policy. Click on "Patient Education" to get to "Resource Centers." Then click on "Adolescent Health." This page has a vast amount of information including resources, research and links to other related websites. Back at the home page, click on "Healthcare Providers" to access CORE (Curricula Organizer for Reproductive Health Education), a collection of peer-reviewed evidence-based teaching materials.

<http://www.arhp.org>

The Body

The Body is a website which aims to lower barriers between patients and clinicians, demystify HIV/AIDS and its treatment, improve patients' quality of life, and foster community through human connection. The website has in-depth information on all aspects of HIV/AIDS basics and prevention as well as treatment options.

www.thebody.com

Center for HIV Law and Policy

The Center for HIV Law and Policy is the only national legal and policy resource bank and strategy center for advocates and leaders across the country addressing HIV discrimination and the legal needs of those living with HIV. Most adolescents who are confined in foster care and juvenile justice facilities are from the vulnerable communities and populations most affected by HIV/AIDS. Teen SENSE is a multidisciplinary project that has engaged experts in adolescent medicine, sex education, foster care and juvenile justice to develop a complete advocacy model and then coordinate its implementation. This website has a resource bank with a range of related information.

www.hivlawandpolicy.org/public/teensense

Centers for Disease Control and Prevention: HIV/AIDS Surveillance

As a part of its overall public health mission, CDC works on helping control the HIV/AIDS epidemic by conducting surveillance, research, and prevention and evaluation activities. This website provides basic information about HIV/AIDS, fact sheets, brochures, slide shows, podcasts, reports and other resources.

www.cdc.gov/hiv

Centers for Disease Control and Prevention: Sexually Transmitted Disease Surveillance

This website has information as well as fact sheets, treatment guidelines and brochures on STDs such as chlamydia, gonorrhea, genital herpes, human papilloma virus, pelvic inflammatory disease, syphilis and more. There are also links to training options, an STD communications database, and a CD-ROM tool to help public health practitioners create specialized STD prevention programs.

www.cdc.gov/std

Complete HIV/AIDS Teaching Kit with CD-ROM

Card, J., A. Amarillas, A. Conner, D. Akers, J. Solomon, R. DiClemente. Springer Publishing Company, 2007.

The Complete HIV/AIDS Teaching Kit provides a multidisciplinary approach to teaching the biomedical, social, psychological and behavioral aspects of HIV transmission, prevention and treatment, offering readers a full understanding of the disease. The book contains teaching tools such as learning objectives, key medical and science terms, discussion questions and quizzes.

www.socio.com/srch/summary/misc/happubl2.htm

Fostering Hope: Preventing Teen Pregnancy Among Youth in Foster Care

(The National Campaign to Prevent Teen and Unplanned Pregnancy)

The 28-page report provides quantitative research on the high rates of teen pregnancy among foster care youth; important new qualitative research presenting findings from Chicago-area focus groups in which foster care youth (some of whom are already teen parents) and foster parents were asked about their perspective on teen pregnancy; and results of an online survey of

Chicago-area child welfare service providers.

www.thenationalcampaign.org/resources/pdf/pubs/FosteringHope_FINAL.pdf

Gay, Lesbian & Straight Education Network (GLSEN)

GLSEN strives to assure that each member of every school community is valued and respected regardless of sexual orientation or gender identity/expression. This site has up-to-date news on GLBTQ issues, resources and ways to "Take Action." A main focus is on how to create safe schools, including information on setting up gay-straight alliances. There are fact sheets to download, and the library has material on policy and laws, curriculum, training and more.

www.glsen.org

Go Ask Alice (GAA)

Go Ask Alice is the health question-and-answer Internet resource produced by the Alice Health Promotion Program at Columbia University. This site has three primary features: New GAA Q&As of the Week includes published inquiries and responses, Search GAA lets you find health information by subject via a search of the Go Ask Alice Archives, and Ask Alice allows you to submit a question to Alice. There are also sections on this website on sexuality and sexual health.

www.goaskalice.columbia.edu/about.html

HIV/AIDS Education and Prevention Programs for Adults in Prisons and Jails and Juveniles in Confinement Facilities

(Centers for Disease Control and Prevention)

This article from 1994 on the CDC website discusses background and issues related to HIV/AIDS and incarcerated youth.

www.cdc.gov/mmwr/preview/mmwrhtml/00040737.htm

Interagency Youth Working Group (IYWG)

(Johns Hopkins Bloomberg School of Public Health and Family Health International)

IYWG seeks to provide global technical leadership to advance the reproductive health and HIV/AIDS outcomes of young people ages 10-24 in developing countries by sharing research and programmatic results and lessons on youth reproductive health and HIV/AIDS; promoting strategies that move promising research findings and best practices into programs and policies; and advocating for greater focus on youth within reproductive health and HIV programs. This website has a wealth of information including a searchable database, links to other websites and publications.

www.infoforhealth.org/youthwg

National Association of County and City Health Officials

This website provides information on what local health departments are doing in Juvenile Justice facilities.

www.naccho.org

National Campaign to Prevent Teen and Unplanned Pregnancy

The National Campaign is a private, nonprofit, nonpartisan organization that seeks to improve the lives and future prospects of children and families by preventing teen pregnancy and unplanned pregnancy among single, young adults. The website store has links to press events and articles on teen pregnancy, information in Spanish and items for purchase. The resources section has fact sheets on a variety of general teen pregnancy topics as well as ones related to race and ethnicity, behavior and attitude by age and special audience.

www.theNationalCampaign.org

National Commission on Correctional Health Care (NCCHC)

With support from 38 major national organizations representing the fields of health, law and corrections, the National Commission on Correctional Health Care is committed to improving the quality of health care in jails, prisons and juvenile confinement facilities. They publish position papers on topics such as administrative management of HIV in correctional institutions and clinical guidelines for health care in correctional settings.

<http://www.ncchc.org/>

National Resource Center for Youth Services (NRCYS)

The NRCYS works to enhance the quality of life of U.S. youth and their families by improving the effectiveness of human services and offers resources to the youth-services community by providing training and technical assistance in Oklahoma and nationally. The Online Catalog has titles on sexuality, dating relationships, cultural competence and others.

www.nrcys.ou.edu/catalog/home.php

National Youth Advocacy Coalition (NYAC)

NYAC is a social justice organization that advocates for and with young people who are lesbian, gay, bisexual, transgender or questioning (LGBTQ) in an effort to end discrimination against these youth and to ensure their physical and emotional well-being. The website has a resources section with publications, training, health programs and links.

www.nyacyouth.org

Not2Late

This website is operated by the Office of Population Research at Princeton University and by the Association of Reproductive Health Professionals. It has information on how to access emergency contraception, i.e., the “morning after pill.” You can enter your zip code and find where to get the pill in your area.

<http://ec.princeton.edu>

Our Bodies Ourselves (OBOS)

OBOS, also known as the Boston Women’s Health Book Collective (BWHBC), is a nonprofit women’s health education, advocacy and consulting organization. OBOS provides clear information about health, sexuality and reproduction from a feminist and consumer perspective. OBOS produces books that make accurate health and medical information accessible to a broad audience by weaving women’s and teen’s stories into practical, accessible text.

www.ourbodiesourselves.org

Planned Parenthood Federation of America (PPFA)

PPFA has over 860 affiliate health centers throughout the United States, assisting women, men, teens and families to make responsible sexual health choices and prevent unintended pregnancies. The website has “Resources for Educators” on a broad range of sexual health topics in the form of podcasts, research papers (available in PDF) and teaching materials such as classroom activities, reviewed curricula and evaluation materials.

www.plannedparenthood.org

Questions and Answers about Incarcerated Youth and HIV/AIDS

(National Minority AIDS Council)

This booklet provides answers to some frequently-asked questions about incarcerated juveniles and HIV/AIDS. It offers case studies with highlighted issues for case managers. The final portion of the booklet contains a checklist for HIV/AIDS case managers working with incarcerated

juveniles and a list of resources and suggested further reading.

www.nmac.org/index/cms-filesystem-action?file=prison/youth_prison.pdf

Resource Center for Adolescent Pregnancy Prevention (ReCAPP)

(ETR Associates)

ReCAPP provides practical tools and information aimed at effectively reducing adolescent sexual risk-taking behaviors and teen pregnancy rates. This site has interactive features such as links to many related websites and an online course on how to develop a BDI logic model. It also has lists of evidence-based programs, theories and research, statistics, skills for educators and youth, and many learning activities on wide-ranging topics.

www.etr.org/recapp

SexEdLibrary

SIECUS (see below) has a School Health Education Clearinghouse that houses SexEdLibrary with over 100 lesson plans and self-guided training modules that explore sexuality education and HIV prevention. SexEdLibrary also has a section on information and statistics and a professional development section that has an extensive compilation of pertinent organizations and websites.

www.sexedlibrary.org

Sexuality Information and Education Council of the United States (SIECUS)

SIECUS affirms that sexuality is a fundamental part of being human and advocates for the right of all people to accurate information, comprehensive education about sexuality and sexual health services. Click on “Publications” to access handbooks, reports, annotated bibliographies, fact sheets and a variety of SIECUS publications which can all be downloaded free of charge. Some materials are available in Spanish.

www.siecus.org

Survive Outside

(ETR Associates)

Survive Outside is an HIV prevention project designed to reach youth in juvenile justice facilities and alternative schools. Its purpose is to provide educators, counselors and other youth-serving professionals with free trainings, materials and capacity-building assistance to help youth reduce their risk of contracting and spreading HIV and other sexually transmitted infections. The Survive Outside Project also aims to extend its reach to youth by involving parents, guardians and clergy who work with youth in juvenile justice and alternative school settings.

www.etr.org/training/so

Websites for Teens

Ambiente Joven

Ambiente Joven, a project of Advocates for Youth, is a Spanish language website for the GLBTQ Latino youth population. It provides information on sexual and mental health issues as well as general cultural information.

www.ambientejoven.org

Gay, Lesbian & Straight Education Network (GLSEN)

GLSEN strives to assure that each member of every school community is valued and respected regardless of sexual orientation or gender identity/expression. The website has a students' resource page with information on how to organize a gay-straight alliance (GSA), and other

material for GLBTQ youth and their allies.

www.glsen.org/cgi-bin/iowa/student/student/index.html

Info for Teens

(Planned Parenthood Federation of America)

Info for Teens is a website for teens that provides clear and nonjudgmental information about sexuality with the goal that teens will use this knowledge to reduce their risk of unintended pregnancy and sexually transmitted infections.

www.plannedparenthood.org/info-for-teens/

It's Not OK

(Haven House Teen Outreach Program)

This website is dedicated to addressing abusive relationships. It has a simple format and addresses questions such as what qualifies as abuse, what is respect, creating a safety plan and how to help a friend. It also has stories from survivors, an e-mail address to make personal contact and a 24-hour hotline number.

itsnotok.org/home.html

I Wanna Know

(American Social Health Association—ASHA)

This website, sponsored by ASHA, has information directed to a teenage audience. It includes sections on STIs, FAQs, the difference between love and sex, and puberty-related questions.

There is an e-mail link to “Ask the Expert” personal questions. One section, Parent’s Guide, addresses parents’ issues.

www.iwannaknow.org

My Sistahs

(Advocates for Youth)

MySistahs, a project of Advocates for Youth, is a website created by and for young women of color to provide information and offer support on sexual and reproductive health issues through education and advocacy. Through monthly features, message boards and online peer education, young women receive information on activism, culture, sexual health and other issues that are important to them.

www.mysistahs.org

Quiero Saber

(American Social Health Association—ASHA)

This website, sponsored by ASHA, is the Spanish equivalent of I Wanna Know (see above). It has information directed to a teenage audience. It includes sections on STIs, FAQs, the difference between love and sex, and puberty. There is an e-mail link to ask personal questions. One section, Para Padres, addresses parents’ issues.

www.quierosaber.org

Scenarios USA

Scenarios USA is a nonprofit organization that uses writing and filmmaking to foster youth leadership, advocacy and self-expression. The winning teen writers are partnered with Hollywood filmmakers to transform their stories into short films. Scenarios USA believes that this process can have an impact on promoting healthy relationships and lowering the rates of HIV, STIs and

pregnancy among teens.

scenariosusa.org

Sex, Etc.

(Center for Applied Psychology at Rutgers, the State University of New Jersey)

Sex, Etc. is a national magazine and website on sexual health that is written by teens, for teens. The website has comprehensive information on a vast array of topics including girls' and guys' health, sex, love and relationships, GLBTQ, birth control, STIs, teen parenting, abortion, adoption, etc. Each topic page has FAQs and extensive links to other resources, such as websites, hotlines and books.

www.sexetc.org/

Stay Teen

This website for teens links from the National Campaign to Prevent Teen and Unplanned Pregnancy website. It has interactive activities and information related to teen relationships and sexual behaviors.

www.stayteen.org

TeensHealth

(The Nemours Foundation's Center for Children's Health Media)

TeensHealth was developed for teens looking for honest, accurate information and advice about health, relationships and growing up. The KidsHealth website has separate areas for children, teens and parents, each with its own design, age-appropriate content and tone. There are thousands of in-depth features, articles, animations, games and resources. The TeensHealth area has a section on sexual health organized as Your Changing Body, For Girls, For Boys, Birth Control and STIs. There is a Spanish section as well.

kidshealth.org/teen

YouthResource

(Advocates for Youth)

YouthResource, a project of Advocates for Youth, is a website by and for gay, lesbian, bisexual, transgender and questioning (GLBTQ) young people. It takes a holistic approach to sexual health and exploring issues of concern to GLBTQ youth.

www.youthresource.com

Cultural Competency Resources

General Cultural Competence

Accomplishing Cross Cultural Competence in Youth Development Programs

(Journal of Extension)

The *Journal of Extension* is the official journal of the U.S. Cooperative Extension System. It seeks to expand and update the research and knowledge base for Extension professionals and other adult educators to improve their effectiveness. The December 2001 issue, Volume 39, Number 6, focuses on cross-cultural competence and includes definitions, youth development program assessment, impact and implications.

www.joe.org/joe/2001december/iw1.html

Advocates for Youth: Cultural Competency and Adolescent Reproductive and Sexual Health

Advocates for Youth develops programs and advocates for policies that help young people make informed and responsible decisions about their reproductive and sexual health. This Advocates for Youth webpage provides numerous fact sheets on adolescent reproductive health for multiple youth populations (e.g., African-American, Latino, Asian, GLBTQ and others). The webpage also provides links to other resources.

<http://www.advocatesforyouth.org/topics-issues/cultural-competency?task=view>

aha Process

aha Process, based on the work of Ruby Payne, is committed to improving the educational and occupational lives of people in poverty by offering learning opportunities to both the poor and those who work with them. Beginning with an emphasis on education and the difficulties children from poverty experience in most schools, the company works extensively with educators and other professionals to understand how the hidden rules of class operate and to help raise the achievement levels of individuals from poverty. The website has information about programs, workshops and items for purchase in the "store."

www.ahaprocess.com

Annotated Bibliography: Culturally Competent Sexuality Education Resources (SIECUS)

This bibliography includes resources that reflect the diverse cultures of such groups as Latinos, African-Americans, Asians and Pacific Islanders, Native Americans, gays, lesbians, bisexuals and transgender people. Its goal is to provide people with comprehensive sexuality education to help them become sexually healthy adults, as well as to help them practice safer sexual behaviors, delay the onset of sexual intercourse, and reduce both unplanned pregnancy and sexually transmitted disease rates.

www.siecus.org/index.cfm?fuseaction=page.viewPage&PageID=700&varuniqueuserid=79842251912

Community Tool Box

The CTB team at the University of Kansas works to identify what people might need to know to build healthier and more equitable communities. Through their website, they offer a virtual "tool box" of capacity-building resources.

ctb.ku.edu/

Cultural Competence and Reproductive Health: A Guide to Services for Immigrants and Refugees

(Family Planning Council, TRAINING 3, The DHHS Region III Family Planning Training Center)
The mission of the Family Planning Council, TRAINING 3 is to identify and respond to the training and other performance improvement needs of family planning service providers by designing, delivering and evaluating the most effective training programs that support human performance improvement. This 24-page guide is intended to offer practical guidance on how to enhance cultural competence in family planning programs that serve immigrants and refugees. It focuses on simple strategies that clinics large and small can adapt to their own needs.

www.region3ipp.org/datadir/200772145314.pdf

Developing Cultural Competence in Reproductive Health Care 2004

(National Abortion Federation)

This 28-page report documents the key recommendations identified by seminar participants, which are to incorporate cultural competence into the philosophy, staffing and budget of your organization; expand affiliations with local and national service, education and advocacy organizations concerned with the needs of women from diverse backgrounds; and improve your ability to communicate with clients and provide a welcoming environment for all women, including non-English speaking women. The report also includes model outreach and diversity programs from NAF members and an extensive list of resources.

www.prochoice.org/pubs_research/publications/downloads/professional_education/developing_cultural_competence.pdf

Diversity Rx

(Resources for Cross Cultural Health Care)

Diversity Rx is produced by Resources for Cross Cultural Health Care (RCCHC) and Drexel University School of Public Health's Center for Health Equality. The mission of RCCHC is to improve the accessibility and quality of health care for culturally diverse populations. This section of the website focuses on strategies and practices that can enhance cultural competency for the individual health care professional.

www.diversityrx.org/

Enhancing Cultural Competence in Out-of-School Time Programs: What Is It, and Why Is It Important?

(Child Trends)

This 6-page Child Trends Brief, Publication #2007-03, from February 2007, discusses the elements of cultural competence and its significance for out-of-school time programs. In addition, it provides suggestions to practitioners for developing cultural competence and incorporating culturally competent activities into their programs in order to benefit youth from a wide range of backgrounds.

www.childtrends.org/Files//Child_Trends-2007_01_31_RB_CultureCompt.pdf

Expanding the Movement for Empowerment and Reproductive Justice (EMERJ)

EMERJ is a national movement-building initiative to grow and strengthen the reproductive justice movement. Its goal is to increase coordination and collaboration of reproductive justice groups across the country. EMERJ represents diverse communities, including immigrants and refugees. Its five key areas are Tools, Models and Resources; Training; Research; Analysis and Technical Assistance.

reproductivejustice.org/about-emerj

Health Resources and Services Administration (HRSA): Cultural Competence Resources for Health Care Providers

This webpage of the Health Resources and Services Administration provides links to assessment tools and culture- and language-specific resources including African-American, Native American, Asian American and Hispanic/Latino. It also has culture-specific information on HIV/AIDS and GLBTQ, and links to technical assistance, curricula and web-based training.

www.hrsa.gov/culturalcompetence

Minority Data Resource Center (MDRC)

(Inter-University Consortium for Political and Social Research)

MDRC provides data resources for the comparative analysis of issues affecting racial and ethnic minority populations in the United States. You can browse for data reports by subject, such as health and well-being or minority populations.

www.icpsr.umich.edu/MDRC

MySistahs

(Advocates for Youth)

MySistahs, a project of Advocates for Youth, is a website created by and for young women of color to provide information and offer support on sexual and reproductive health issues through education and advocacy. Through monthly features, message boards and online peer education, young women receive information on activism, culture, sexual health and other issues that are important to them.

www.mysistahs.org

National Center for Cultural Competence (NCCC)

(Georgetown University)

The NCCC provides national leadership on cultural and linguistic competency within systems and organizations. Major emphasis is placed on translating evidence into policy and practice for programs concerned with health and mental health care delivery, administration, education and advocacy. This website has cultural competency resources and tools in English and Spanish, including curricula, consultants, publications and a resource database. The NCCC has particular expertise in developing instruments and conducting organizational self-assessment processes to advance cultural and linguistic competency.

www11.georgetown.edu/research/gucchd/nccc

National Prevention Information Network (NPIN)

(Centers for Disease Control—CDC)

NPIN is the U.S. reference, referral, and distribution service for information on HIV/AIDS, sexually transmitted infections (STIs) and tuberculosis (TB). NPIN produces, collects, catalogs, processes, stocks and disseminates materials and information to organizations and people working in those disease fields in international, national, state and local settings. This website page addresses cultural competence, awareness and sensitivity pertaining to HIV/AIDS, STIs and TB prevention. It also speaks to issues of specific populations.

www.cdcnpin.org/scripts/population/culture.asp

Office of Minority Health (OMH)

The mission of the OMH is to improve and protect the health of racial and ethnic minority populations through the development of health policies and programs that will eliminate health disparities. This website provides a definition of cultural competency and links to cultural

competency standards, policies, programs, tools and other resources.

www.cdc.gov/omhd

Peaceful Families Project (PFP)

The PFP is a national organization that facilitates domestic violence awareness workshops for Muslim leaders and communities, provides cultural sensitivity trainings for professionals, and develops resources on abuse in Muslim communities. Their mission is to promote awareness regarding the dynamics of domestic violence and to work towards ending all types of abuse in Muslim families, while recognizing the particular vulnerability of women and children. The website has resources on the topic, speakers and information about workshops.

www.peacefulfamilies.org

Program for Multicultural Health

(University of Michigan)

The Program for Multicultural Health conducts culturally appropriate and culturally sensitive health promotion, education and preventive programs for the University of Michigan Health System's staff and for the community at large. Reducing health disparities and achieving equity in health are their main concerns. This website has cultural competency tools and resources including assessments, communication models, concepts and definitions, demographics and web resources among others.

med.umich.edu/multicultural/

Provider's Guide to Quality and Culture

(Management Sciences for Health—MSH)

MSH works collaboratively with health care policymakers, managers, providers, and consumers to increase the effectiveness, efficiency and sustainability of health services by improving management systems, promoting access to services and influencing public policy. This website is designed to assist health care organizations throughout the United States in providing high-quality culturally competent services to multi-ethnic populations. It includes sections on avoiding stereotypes, patient-provider interactions, health disparities, cultural groups, culturally competent organizations and additional resources.

erc.msh.org/mainpage.cfm?file=1.0.htm&module=provider&language=English

Racial/Ethnic Disparities & Cultural Competency in Teen Pregnancy, STD & HIV Prevention

(Resource Center for Adolescent Pregnancy Prevention—ReCAPP, ETR Associates)

This presentation of 40 slides provides a wealth of adolescent reproductive data as well as a breakdown of these data by race and ethnicity. The analysis of these data gives us reason to pause and ask why such disparities continue to exist among different racial and ethnic groups in the United States as well as think critically about the most effective ways to reach different groups of adolescents with prevention messages.

www.etr.org/recapp/index.cfm?fuseaction=pages.CurrentResearchDetail&PageID=478&PageTypeID=18

Reaching New Heights: Assessing Organizational Capacity to Provide Culturally Competent Services

(James Bowman Associates)

This module provides guidelines and processes for a systems' approach to cultural and community competency using organizational assessment tools. It includes tools for examining organizational management and systems, protocol review, on-site assessment, community

mapping and assessment, and action planning. Accompanying these tools is a "stages of readiness" matrix, which can be used to guide the organization from assessment to sustainable actions.

www.jamesbowmanassociates.com/projects.html

Sex Education, Teenage Pregnancy, Sex in Islam and Marriage

This article speaks about sex education from a cultural perspective. It makes the argument that youth should be taught about sexuality, as ignorance does not protect them in any way. Included in the text are suggested topics for a sexuality curriculum for Muslim youth. Click on "Sex Education" at the bottom of the page to access a more extensive file on *Sex Education: An Islamic Perspective*.

www.themodernreligion.com/misc/sex/s2.html

SisterSong

The SisterSong Women of Color Reproductive Health Collective is a network of local, regional and national grassroots agencies representing five primary ethnic populations/indigenous nations in the United States: African-American, Arab American/Middle Eastern, Asian/Pacific Islander, Latina and Native American/Indigenous. The collective was formed to educate women of color and policy makers on reproductive and sexual health and rights, and to work towards access to health services, information and resources that are culturally and linguistically appropriate. SisterSong achieves these goals through public policy work, advocacy, service delivery and health education.

www.sistersong.net/

Tools for Building Culturally Competent HIV Prevention Programs (with CD-ROM)

Card, J., J. Solomon and J. Berman. Springer Publishing Company, 2007.

Tools for Building Culturally Competent HIV Prevention Programs comprises evidence-based, practitioner-friendly resources designed to increase HIV prevention professionals' capacity to conduct effective, culturally competent program planning, implementation and evaluation. The guide addresses how to identify program goals and objectives, develop program models, recruit and retain staff, and, finally, conduct evaluations and report results. Throughout, Tales from the Field provide illuminating case studies from other successful programs implemented in a variety of cultural settings.

www.socio.com/srch/summary/misc/happubl3.htm

UCLA: School Mental Health Project

This site has links to cultural competency and diversity documents, resources and tools as well as clearinghouse-archived materials. There are also links to related agencies and websites.

smhp.psych.ucla.edu/qf/culturecomp.htm

Young Women of Color Initiative

(Advocates for Youth)

To address the alarming disproportionate rates of negative sexual health outcomes for young women of color, Advocates for Youth seeks to build the capacity of youth-serving, community-based organizations serving young women of color 13 to 24 years old. The goal is to provide culturally appropriate, evidence-based prevention programming. Advocates also seeks to build young women of color leaders in reproductive and sexual health.

http://www.advocatesforyouth.org/index.php?option=com_content&task=view&id=743&Itemid=42

Youth Cultural Competence: A Pathway for Achieving Outcomes with Youth

(National Center for the Study of Adult Learning and Literacy—NCSALL)

NCSALL is a federally funded research and development center focused solely on adult learning. NCSALL's efforts are dedicated to improving practice in educational programs that serve adults with limited literacy and English language skills. Youth Cultural Competence is an article from the June 2004 issue of the NCSALL journal *Focus on Basics: Connecting Research and Practice* Volume 7, Issue A. The article addresses this topic in depth and links to the Youth Research Development Fund's Culturally Competent Youth Engagement Model.

www.ncsall.net/?id=126.

YouthNet

(Family Health International)

YouthNet (2001-2006) was a USAID-funded global program to improve reproductive health and prevent the spread of HIV/AIDS among people 10 to 24 years old. The program developed a series of five publications, training tools, and other publications, including Christian and Muslim family life education training manuals. The Christian and Muslim manuals contain six workshops and a participant handbook designed for adults, including parents. The manuals encourage open discussion about sexuality, reproductive health and HIV in the context of faith communities. They are not designed to promote religion.

www.fhi.org/en/Youth/YouthNet/rhtrainmat/index.htm

Specific to African-American Communities

Joint Centers for Political and Economic Studies

The Joint Center for Political and Economic Studies is a research and public policy institution whose work focuses exclusively on issues of particular concern to African-Americans and other people of color. Click on the "Health" button to access reports and publications such as those listed below.

www.jointcenter.org/index.php/publications_recent_publications

- **The Sexual and Reproductive Health of Young Men of Color: Executive Summary.** In the late 1980s, there was an increased emphasis on issues related to male teens, in part due to the spread of infections such as HIV and chlamydia. Knowledge about the sexual and reproductive health outcomes and behaviors of young men of color is shaped by the methods used to gather and analyze the relevant data.
- **Fact Sheet on the Reproductive Health of African-American Adolescents: Pregnancy and Children.** Both pregnancy and childbirth rates declined dramatically for African-American females during the 1990s. Despite these declines, they remain more likely than their white or Latina counterparts to report having been pregnant.
- **Fact Sheet on the Reproductive Health of African-American Adolescents: Sexually Related Disease.** During the 1990s, reported rates of infection among African-American teens increased for some sexually related diseases (e.g., chlamydia) but decreased for others (e.g., gonorrhea and syphilis). However, all sexually related diseases, in particular HIV and AIDS, are more prevalent among Black adolescents than among all other teens.
- **Peer Influence on Sexual Behavior: What We Know about African-American Teens.** Over the past decade, African-American adolescents remained more likely than other racial

groups to contract sexually transmitted infections (STIs). In addition, among females, Black female adolescents remain more likely to become pregnant.

- **Fact Sheet on the Reproductive Health of African-American Adolescents: Reproductive Health Knowledge, Attitudes, Expectations, and Intentions.** Information is limited about the knowledge, attitudes, expectations and intentions of African-American teens with respect to their reproductive health. However, receiving sex education before (rather than after) teens become sexually active is known to be more effective.
- **Family Influence on Sexual Behavior: What We Know About African-American Teens.** Some family characteristics influence African-American teens differently than they do teens of other racial or ethnic groups. In addition, the effects of these characteristics often differ by gender within the African-American teen population.
- **Fact Sheet on the Reproductive Health of African-American Adolescents: Sexual Activity.** Factors found to lessen the greater likelihood of sexual intercourse among African-American teens include family structure, educational attainment, socioeconomic status and spiritual interconnectedness.
- **Fact Sheet on the Reproductive Health of African-American Adolescents: Contraceptive Use.** Behavioral skills training has been found to be more effective than education-only interventions at increasing condom use among Black teens.

SisterLove, Inc.

SisterLove, Inc., is a community-based nonprofit coalition of Black women that focuses specifically upon the needs of women, particularly African-American women and those of African descent, who are at risk for contracting HIV/AIDS and other sexually transmitted diseases and infections. The website has programs, links and an e-newsletter.

www.sisterlove.org

Specific to Latino Communities

Bixby Center for Global Reproductive Health

(University of California at San Francisco)

The Bixby Center at UCSF promotes reproductive health, family planning and the prevention of sexually transmitted infections, including HIV, worldwide through research, training and policy analysis. The Center for Reproductive Health Research and Policy at UCSF created a series of fact sheets on Latino youth. These fact sheets can be downloaded by clicking on the individual links below or on Publications/Fact Sheets/Latino Youth on the Bixby Center Home Page.

<http://bixbycenter.ucsf.edu>

- **Fact Sheet on Latino Youth: Education**
crhrp.ucsf.edu/publications/files/Latino.edu.pdf
- **Fact Sheet on Latino Youth: Families**
crhrp.ucsf.edu/publications/files/Latino.fam.pdf
- **Fact Sheet on Latino Youth: Health Care Access**
crhrp.ucsf.edu/publications/files/Latino.hca.pdf
- **Fact Sheet on Latino Youth: Immigrant Generation**

crhrp.ucsf.edu/publications/files/Latino.imm.pdf

- **Fact Sheet on Latino Youth: Income and Poverty**
crhrp.ucsf.edu/publications/files/Latino.pov.pdf
- **Fact Sheet on Latino Youth: Population**
crhrp.ucsf.edu/publications/files/Latino.pop.pdf
- **Fact Sheet on Latino Youth: Sexual Behavior**
crhrp.ucsf.edu/publications/files/Latino.sex.pdf
- **Fact Sheet on Latino Youth: STIs and HIV**
crhrp.ucsf.edu/publications/files/Latino.sti.pdf
- **Issue Brief on Latino Youth: Reproductive Health**
crhrp.ucsf.edu/publications/files/Latino.IB.pdf
- **A Future with Promise: A Chartbook on Latino Adolescent Reproductive Health**
crhrp.ucsf.edu/publications/files/Driscoll_04_ChartbookLatinoAdolescent_v2.pdf

Community-Based Strategies for Improving Latino Health

(Joint Centers for Political and Economic Studies)

The Joint Center for Political and Economic Studies is a research and public policy institution whose work focuses exclusively on issues of particular concern to people of color. This report, by focusing on Latino immigrants, provides perspective on the group of newcomers that is both the largest and the one for which the most research has been completed. The 20-page report can be downloaded from this website by clicking on “Health” and browsing through the publications.

www.jointcenter.org/index.php/publications_recent_publications

National Latina Institute for Reproductive Health (NLIRH)

The mission of NLIRH is to ensure the fundamental human right to reproductive health for Latinas, their families and their communities through public education, policy advocacy and community mobilization. This website has programs, fact sheets and other information which can be downloaded in English or Spanish. There are many reproductive health resources.

www.latinainstitute.org/

Science Says #43: Effective and Promising Teen Pregnancy Prevention Programs for Latino Youth (2010)

(National Campaign to Prevent Teen Pregnancy)

The National Campaign to Prevent Teen Pregnancy seeks to improve the well-being of children, youth, families and the nation by preventing unplanned and teen pregnancy. This 5-page research brief details six programs that have been shown through careful evaluation to either delay sex, improve contraceptive use, and/or reduce teen pregnancy. Some of the programs were designed specifically for Latino teens and some were not; those that were not designed specifically for Latinos included Latino teens as part of the program evaluation or were found to be particularly effective among Latino teens.

http://www.thenationalcampaign.org/resources/pdf/SS/SS43_TPPProgramsLatinos.pdf

Voices Heard: Latino Adults and Teens Speak Up about Teen Pregnancy

(National Campaign to Prevent Teen Pregnancy)

The teen pregnancy rate for Latinas is almost two times higher than the national average. To better understand the attitudes and beliefs of Latino adults and teens, the National Campaign to

Prevent Teen Pregnancy commissioned this survey of Latinos in 2007. The 36-page PDF file of the report can be downloaded by clicking on the following link.

http://www.thenationalcampaign.org/resources/pdf/pubs/Voices_engFINAL.pdf

Specific to Asian Communities

Asian Communities for Reproductive Justice (ACRJ)

ACRJ has been at the forefront of building a reproductive justice movement that places the reproductive health and rights of Asian women and girls within a social justice framework. ACRJ promotes and protects reproductive justice through organizing, building leadership capacity, developing alliances, and education to achieve community and systemic change. The website has information on how to get involved with this and other related organizations.

www.reproductivejustice.org

Association of Asian Pacific Community Health Organizations (AAPCHO)

AAPCHO is a national association representing community health organizations that promote advocacy, collaboration and leadership to improve the health status and access of Asian Americans, Native Hawaiians, and Pacific Islanders (APIs) within the United States, its territories and freely associated states, primarily through member community health centers. AAPCHO's resources include translated health education materials, maps detailing areas with medically underserved APIs, and listserves that electronically link individuals from across the country.

www.aapcho.org/site/aapcho

National Asian Women's Health Organization (NAWHO)

NAWHO provides research and information about the health of Asian Americans to the public health field, as well as to the Asian-American community. NAWHO has projects in reproductive health, breast and cervical cancer, violence prevention and other issues.

www.nawho.org

Selected Patient Resources in Asian Languages (SPIRAL)

(Tufts University)

SPIRAL is a joint initiative of the South Cove Community Health Center and Tufts University Hirsh Health Sciences Library. The project aims to increase electronic access to health information for consumers and health care providers, provide consumer information in the languages of the community served, and teach health care providers to use the wide variety of Internet resources available to them. The site has information/fact sheets in Chinese, Cambodian/Khmer, Hmong, Laotian, Thai and Vietnamese. Topics include AIDS/HIV, STIs and birth control.

spiral.tufts.edu/

Specific to Native-American Communities

Indigenous Peoples Task Force

This group works to strengthen and enhance the health and education of Native People. They also provide education services to prevent the transmission of HIV and to provide direct services to Native Americans and their family members living with HIV throughout Minnesota.

www.indigenouspeoplesf.org

There's No Place Like Home for Sex Education

This book is organized by age-specific chapters and gives practical information about talking to children about sex.

www.noplacelikehome.org/nativeamerican.php

Tribal Connections

Tribal Connections provides reader-friendly information about critical issues or topics related to Native-American health. It raises awareness of Native-American health issues in the general population and among Native Americans and Alaska Natives themselves by promoting Native-American health writing. The website provides links to multiple resources related to traditional healing, mental health and reproductive health, among other topics.

www.tribalconnections.org/index.html

Specific to Gay and Lesbian Teens

Advocates for Youth

Advocates for Youth is dedicated to creating programs and advocating for policies that help young people make informed and responsible decisions about their reproductive and sexual health. This webpage has resources for GLBTQ youth, for educators and for parents as well as advocates' publications.

www.advocatesforyouth.org/topics-issues/glbtq-issues?task=view

Ambiente Joven

(Advocates for Youth)

Ambiente Joven, a project of Advocates for Youth, is a Spanish language website for the GLBTQ Latino youth population. It provides information on sexual and mental health issues as well as general cultural information.

www.ambientejoven.org

Gay, Lesbian & Straight Education Network (GLSEN)

GLSEN strives to assure that each member of every school community is valued and respected regardless of sexual orientation or gender identity/expression. A 2007 brief shows gay-straight alliances (GSAs) help make schools safer for all students and likely play an integral role in mitigating the negative impact of bullying and harassment of lesbian, gay, bisexual and transgender (LGBT) students. The website has information on how to organize a GSA and has a library with curricula, training and information about policies and laws.

www.glsen.org

National Center for Lesbian Rights

The National Center for Lesbian Rights is a national legal organization committed to advancing the civil and human rights of lesbian, gay, bisexual and transgender people and their families through litigation, public policy advocacy and public education. The website has many documents related to issues facing LGBT youth who are in the juvenile justice or foster care system or who are facing other legal challenges.

www.nclrights.org/site/PageServer?pagename=issue_youth_docsDownloads#fcjj

TeenWire.com

(Planned Parenthood Federation of America)

Teenwire.com, a project of Planned Parenthood, is a sexual health website for teens committed to providing honest and nonjudgmental facts about sex so that teens can use the information to

make their own responsible choices and reduce the risk of unintended pregnancy and sexually transmitted infections. The LGBTQ page has links to articles and answers to many questions from “Ask the Expert.”

www.teenwire.com/topics/lesbian-gay-bisexual-transgender.php

YouthResource

(Advocates for Youth)

YouthResource, a project of Advocates for Youth, is a website by and for gay, lesbian, bisexual, transgender and questioning (GLBTQ) young people. It takes a holistic approach to sexual health and exploring issues of concern to GLBTQ youth.

www.youthresource.com

Online Data Resources on Adolescent Reproductive Health

Original Sources of Data

Census Data

The official website of U.S. census data allows you to search for population information according to zip code or state. There is also a search function on the home page through which you can retrieve information based on the key words or phrases you type in, such as “teen birth rates.” Search responses include links to more detailed sources of information.

www.census.gov

Centers for Disease Control and Prevention (CDC)

The Centers for Disease Control and Prevention (CDC), a part of the U.S. Department of Health and Human Services, is the primary federal agency for conducting and supporting public health activities in the United States. The CDC website includes sections related to sexual and reproductive health, pregnancy, birth control, sexual violence, STIs and HIV/AIDS.

www.cdc.gov/sexualhealth

Centers for Disease Control and Prevention: HIV/AIDS Surveillance

As a part of its overall public health mission, CDC works on helping control the HIV/AIDS epidemic by conducting surveillance, research, and prevention and evaluation activities. This website provides HIV/AIDS surveillance data broken down by different populations and geographic regions. In addition, the website provides basic information about HIV/AIDS, slide shows, podcasts, reports and other resources.

www.cdc.gov/hiv

Centers for Disease Control and Prevention: Sexually Transmitted Disease Surveillance

This website has STD surveillance and statistics information as well as fact sheets and brochures on STDs such as chlamydia, gonorrhea, genital herpes, human papilloma virus, pelvic inflammatory disease, syphilis and more. There are also links to an STD communications database and a CD-ROM tool to help public health practitioners create specialized STD prevention programs.

www.cdc.gov/std

National Longitudinal Study of Adolescent Health (Add Health)

The National Longitudinal Study of Adolescent Health (Add Health) is a nationally representative study that explores the causes of health-related behaviors of adolescents in grades 7 through 12 and their outcomes in young adulthood. Add Health seeks to examine how social contexts

(families, friends, peers, schools, neighborhoods and communities) influence adolescents' health and risk behaviors. This website provides a description of the study and access to data.

www.cpc.unc.edu/projects/addhealth

National Survey of Adolescent Males 1995 (NSAM)

The Urban Institute designed and provided oversight for a nationally representative survey of approximately 1,700 teenage males 15 to 19 years old, conducted across the U.S. in 1995. The survey was designed to assess teenage males' risk behaviors related to HIV, sexually transmitted diseases and teen pregnancy. It was funded by a grant from the National Institute of Child Health and Human Development (NICHD), with contributions from other federal agencies.

www.urban.org/publications/900460.html

National Survey on Family Growth (NSFG)

NSFG gathers information on family life, marriage and divorce, pregnancy, infertility, use of contraception, and men's and women's health. The survey results are used to plan health services and health education programs and to do statistical studies of families, fertility, and health. Links to some of those studies are included on this website, under "Reports" and "Publications."

www.cdc.gov/nchs/nsfg.htm

National Vital Statistics System (NVSS)

NVSS is the oldest example of inter-governmental data sharing in public health. The shared relationships, standards and procedures form the mechanism by which NCHS collects and disseminates the nation's official vital statistics. Data that can be found on this website include births, deaths, marriages, divorces and fetal deaths.

www.cdc.gov/nchs/nvss.htm

Youth Risk Behavior Surveillance System (YRBSS)

The Youth Risk Behavior Surveillance System (YRBSS) monitors six categories of priority health-risk behaviors among youth and young adults, including sexual behaviors that contribute to unintended pregnancy and sexually transmitted diseases (STDs), and human immunodeficiency virus (HIV) infections. This link is to the 136-page report for the year 2007.

www.cdc.gov/mmwr/PDF/ss/ss5704.pdf

Resources that Synthesize and Interpret Data

Advocates for Youth

Advocates for Youth develops programs and advocates for policies that help young people make informed decisions about their reproductive and sexual health. The website has fact sheets on multiple topics such as adolescent sexual behavior, teen pregnancy prevention, contraceptive use and parent-child communication. The website also provides numerous reports and lesson plans related to adolescent sexual and reproductive health.

www.advocatesforyouth.org

Bixby Center for Global Reproductive Health, UCSF

This agency promotes worldwide reproductive health, family planning and the prevention of sexually transmitted infections, including HIV, through research, training and policy. One of their goals is to understand the factors contributing to adolescent pregnancy and STIs and to develop programs to improve adolescent reproductive health. The website has fact sheets, monographs

and lists of presentations on adolescent sexual health.

bixbycenter.ucsf.edu/index.html

Child Trends

Child Trends conducts research and policy analysis on issues related to the well-being of children, including adolescent pregnancy, youth development, fatherhood, etc. The website provides facts at a glance, research briefs and full reports as well as other resources.

www.childtrends.org

Child Trends Data Bank

This data bank provides information on the latest national trends and research for more than 100 key indicators of child and youth well-being, including reproductive health, sexual activity and childbearing. The website links to *The Child Indicator* newsletter which offers the latest developments in the collection, dissemination, and use of child- and youth-focused social indicator data at the national, state and local levels.

www.childtrendsdatbank.org

Guttmacher Institute

The Guttmacher Institute is a leading think tank on sexual and reproductive health issues in the United States and worldwide. This website provides numerous fact sheets on reproductive health topics, state policy briefs, slide shows, reports, journals (*International Family Planning Perspectives*, *The Guttmacher Policy Review* and *Perspectives on Sexual and Reproductive Health*) and other resources.

www.guttmacher.org

Healthy People 2010

The Department of Health and Human Services launched Healthy People 2010, a comprehensive, nationwide health promotion and disease prevention agenda. Healthy People 2010 contains 467 objectives designed to serve as a framework for improving the health of all people and eliminating health disparities in the United States during the first decade of the 21st century. The Healthy People 2010 initiative designates responsible sexual behavior as one of ten leading health indicators for the nation, reflecting its status as a major public health concern as well as its amenability to change.

www.cdc.gov/nchs/healthy_people.htm

Healthy Teen Network

Healthy Teen Network is devoted to making a difference in the lives of teens and young families. This national organization focuses on adolescent health and well-being, with an emphasis on teen pregnancy prevention and teen parenting. The website has extensive related research, resources and publications.

www.healthyteennetwork.org

Joint Center for Political and Economic Studies

The Joint Center for Political and Economic Studies is a national research and public policy institution whose work focuses exclusively on issues of particular concern to African-Americans and other people of color. A wide array of pertinent documents and reports can be found on the home page by clicking on "Publications" and then "Health." The DataBank offers data on a range of information about our nation's population, with comparable data on African-Americans and other racial and ethnic populations.

www.jointcenter.org

Kaiser Family Foundation

The Kaiser Family Foundation is a nonprofit, private foundation focusing on the major health care issues facing the United States, with a growing role in global health. The Media and Public Education program provides research and information on public health issues such as reproductive health and HIV. Numerous fact sheets and reports on these and many other topics can be downloaded free of charge.

www.kff.org

Kids Count

Kids Count, an initiative of the Annie E. Casey Foundation, is a national and state-by-state effort to track the status of children in the United States. It features child well-being measures for the 50 largest U.S. cities and contains more than 100 indicators of child and youth well-being. The CLIKS database can generate different types of reports, such as profiles of a state or region, graphs, maps, rankings and raw data.

www.aecf.org/kidscount

National Adolescent Health Information Center (NAHIC)

NAHIC is based within the University of California, San Francisco's Division of Adolescent Medicine, Department of Pediatrics and Institute for Health Policy Studies. The overall goal of NAHIC is to improve the health of adolescents by serving as a national resource for adolescent health information and research and to assure the integration, synthesis, coordination and dissemination of adolescent health-related information. The website has a search function through which "adolescent reproductive health" information can be accessed.

nahic.ucsf.edu/

National Campaign to Prevent Teen Pregnancy

The National Campaign is a private, nonprofit, nonpartisan organization that seeks to improve the lives and future prospects of children and families by preventing teen pregnancy and unplanned pregnancy among single, young adults. Click on "Resources," "State Data" or "National Data" to access data, fact sheets, reports and many other types of information.

www.teenpregnancy.org

State Health Facts Online

This website is part of the Kaiser Family Foundation site and provides the latest state-level data on demographics, health and health policy. Topics include youth and HIV/STIs, and many types of information can be downloaded such as charts, fact sheets, issue briefs, reports, surveys and interactive tools.

www.kff.org/statepolicy/index.cfm

Young Men's Sexual and Reproductive Health: Toward a National Strategy

This 185-page report was conducted by the Urban Institute in 2000 with support from the Department of Health and Human Services. The report addresses the reasons for focusing on young men and makes recommendations for community and federal action, including a broad Young Men's Health Initiative.

www.urban.org/uploadedpdf/410027.pdf

Suggestions for Obtaining Published Local Adolescent Reproductive Health Data

- State Pregnancy Prevention Coalition
- State or County Department of Health
- State or County Office of Minority Health
- State or County Department of Education
- Local HIV Planning Board
- Local Foundations (e.g., United Way)
- Local Community-Based Organizations (e.g., Planned Parenthood, Boys and Girls Club, etc.)
- Local Universities

Program Assessment, Planning and Evaluation Resources

Program Planning and Assessment

Community Tool Box (CTB)

The CTB team at the University of Kansas works to identify what people might need to know to build healthier and more equitable communities. Through their website, they offer a virtual "tool box" of capacity-building resources, such as information on building partnerships, assessing community needs and resources, and sustaining the work. There is also information on planning, leadership, intervention, advocacy and evaluation.

ctb.ku.edu/

Guidebook: Evaluating Teen Pregnancy Prevention Programs

Card, J.J., et al. 2001. Los Altos, CA: Sociometrics.

Sociometrics developed a comprehensive guide to the implementation of evaluation methods into all aspects of teen pregnancy programming. This guidebook instructs users on how to benefit from program evaluation methods at all stages of program development, from initial conceptualization and model implementation to program monitoring and full impact evaluation.

www.socio.com/evapub21.php

Health Promotion Planning: An Educational and Environmental Approach (2nd Ed.)

Green, L.W., and M.W. Krueter. 1991. Mountain View, CA: Mayfield Publishing Co.

This text provides a comprehensive overview of the principles and processes of health promotion planning. Backed by the authors' reputations as leading researchers and practitioners in the field, it is a resource for students and practitioners in any discipline whose programs will include a significant health education or health promotion component. Copies of this book are also available on Amazon.com.

www.mcgraw-hill.co.uk/html/0072556838.html

Intervention Mapping: Designing Theory- and Evidence-Based Health Promotion Programs

Bartholomew, L.K., G.S. Parcel, G. Kok and N.H. Gottlieb. 2001. Boston, MA: McGraw-Hill.

This book presents the origins, purpose, and description of intervention mapping, a framework for developing health education interventions. Essential health educator tools are systematically applied in each step: literature review; the application of psychosocial and behavioral theories; and conducting additional qualitative and quantitative research.

www.amazon.com/Intervention-Mapping-Designing-Evidence-Based-Promotion/dp/0072552263

Promoting Science-Based Approaches to Teen Pregnancy Prevention Using Getting to Outcomes (PSBA-GTO)

Lesesne, C., K. Lewis, C. Moore, D. Fisher, D. Green and A. Wandersman. Draft 2007.

Unpublished Manual. Atlanta, GA: Centers for Disease Control and Prevention, Division of Reproductive Health.

This manual walks program planners through PSBA-GTO's ten program planning steps including: (1) conducting a needs and resources assessment, (2) setting program goals, (3) exploring

evidence-based programs, (4) selecting an evidence-based program for fit with priority population, (5) assessing organizational capacity to implement selected program, (6) planning for program implementation, (7) implementing program and conduct process evaluation, (8) conducting outcome evaluation, (9) conducting continuous quality improvement, and (10) sustaining effective programs. For more information about PSBA-GTO, please contact Catherine Lesesne, PhD, MPH, Clesesne@cdc.gov.

Program Evaluation

American Evaluation Association (AEA)

The AEA is an international professional association of evaluators devoted to improving and increasing the use of program and personnel evaluation, technology and many other forms of evaluation. The AEA publishes three evaluation journals and conducts training and conferences. The Online Resources section includes evaluation tools, instruments, handbooks and texts, and provides lists of evaluators or consultants and a report on issues of cultural context in evaluation. www.eval.org

Basic Guide to Outcomes-Based Evaluation for Nonprofit Organizations with Very Limited Resources

(Management Assistance Program for Nonprofits—MAP)

This document provides basic guidance toward basic planning and implementation of an outcomes-based evaluation process in nonprofit organizations, particularly to small nonprofits with very limited resources.

www.mapnp.org/library/evaluatn/outcomes.htm

Basic Guide to Program Evaluation

(Management Assistance Program for Nonprofits—MAP)

The Free Management Library provides free, easy-to-access, comprehensive resources regarding the leadership and management of groups and organizations. This document provides guidance on planning and implementing an evaluation process for for-profit or nonprofit programs. It describes some of the many kinds of evaluations that can be applied to programs, for example, goals based, process based, outcomes based, etc.

www.mapnp.org/library/evaluatn/fnl_eval.htm

Framework for Program Evaluation in Public Health

(CDC Evaluation Working Group)

The Framework for Program Evaluation in Public Health guides public health professionals in their use of program evaluation. It is a practical, nonprescriptive tool designed to summarize and organize essential elements of program evaluation. The framework comprises steps in program evaluation practice and standards for effective program evaluation. Adhering to the steps and standards of this framework will allow an understanding of each program's context and improve how program evaluations are conceived and conducted.

www.cdc.gov/eval/framework.htm

Guidebook: Evaluating Teen Pregnancy Prevention Programs

Card, J.J., et al. 2001. Los Altos, CA: Sociometrics.

Sociometrics developed a comprehensive guide to the implementation of evaluation methods into all aspects of teen pregnancy programming. This *Guidebook* instructs users on how to benefit from program evaluation methods at all stages of program development, from initial

conceptualization and model implementation to program monitoring and full impact evaluation.

www.socio.com/evapub21.php

Philliber Research Associates (PRA) Publications

PRA provides evaluation and other services for programs concerned with a range of topics including teen pregnancy, HIV/AIDS and family planning. Papers, which can be purchased for \$10, include *Creating and Evaluating Successful Teen Pregnancy Programs* and *Right on Target: Choosing Communities, Organizations, Youth and Families for Teen Pregnancy Prevention Programs*.

www.philliberresearch.com/resources.html

Logic Models

BDI Logic Model Online Course

This online training, which is found on ETR's Resource Center for Adolescent Pregnancy Prevention (ReCAPP) website, leads you through the process of developing a Behavior-Determinant-Intervention (BDI) Logic Model. It is recommended that the participant have at least two hours to devote to the course. This course is based on the paper described below, but is designed as a beginner's course and greatly simplifies some of the material in the paper. It also provides templates and other resources that can be used to create BDI logic models.

<http://www.surveymonkey.com/s.asp?u=22501224587>

BDI Logic Models: A Useful Tool for Designing, Strengthening and Evaluating Programs to Reduce Adolescent Sexual Risk-Taking, Pregnancy, HIV and other STDs

Kirby, D. 2004. Santa Cruz, CA: ETR Associates.

This 56-page document describes in detail how Behavior-Determinant-Intervention (BDI) Logic Models are developed. The BDI logic model is a program planning tool that guides program developers in four sequential and clearly linked steps: (1) establishing a health goal, (2) identifying and selecting sexual behaviors directly related to that health goal, (3) identifying and selecting the psychosocial and/or environmental determinants related to those sexual behaviors, and (4) developing intervention activities directly related to those determinants.

www.etr.org/recapp/documents/BDILOGICMODEL20030924.pdf

Logic Model Resources

(CDC Evaluation Working Group)

This link provides a list of about 20 diverse sources of information about creating logic models. Sources include CDC, the Harvard Family Research Center, the Kellogg Foundation, SAMHSA, United Way and many others.

www.cdc.gov/eval/resources.htm

Conducting Focus Groups

Collecting Qualitative Data on Youth Perceptions Regarding Teen Pregnancy and HIV/STI Prevention: A Focus Group Guide

Bliesner, M.L., L.A. Roller, C. Moore and L. Gavin. 2007. Scotts Valley, CA: ETR Associates.

This document guides users in selecting a focus group site, developing focus group protocol, recruiting participants, conducting focus group discussions and analyzing focus group data. A

sample focus group protocol is also provided. For more information, please contact Regina Firpo-Triplett at ETR Associates at reginaf@etr.org.

Focus Group Interviewing

This website offers a variety of handouts on focus groups based on the work of Dr. Richard Krueger. Topics include: planning (suggestions on planning a study that involves focus group interviews); moderating (advice on the task of guiding the focus group interview); asking questions (developing, sequencing and phrasing focus group questions); analysis (strategies for analyzing focus group interviews); recruiting (tips on finding participants and getting them to attend); reporting (advice on preparing the written report of the focus group study); and telephone focus groups (suggestions for conducting focus groups on the telephone).

www.tc.umn.edu/~rkrueger/focus.html

Conducting Surveys

American Statistical Association (ASA)

The 68-page "What Is a Survey" booklet is written primarily for nonspecialists and can be downloaded free of charge in English or Arabic. The material is taken from the ASA series of the same name that was designed to promote a better understanding of what is involved in carrying out sample surveys, especially those aspects that have to be taken into account in evaluating the results of surveys. The contents include planning, collecting data, assessing quality, focus groups, designing a questionnaire, and mail and telephone surveys.

www.amstat.org/sections/srms/whatsurvey.html

Boomerang

Boomerang is a web-based e-mail marketing company. One of the services they offer is creating online surveys or triggered surveys at a low cost.

www.boomerang.com

Factors Affecting Teen Sexual Behavior, Pregnancy, Childbearing and Sexually Transmitted Disease: Which Are Important? Which Can You Change?

Kirby, D, G. LePore and J. Ryan. 2007. Washington DC: National Campaign to Prevent Teen Pregnancy.

This newly updated paper provides an exhaustive analysis of the hundreds of factors that can affect teen sexual behavior. Readers can download the full report, executive summary, and/or a risk and protective factor matrix listing all 400+ risk and protective factors.

www.etr.org/recapp/index.cfm?fuseaction=pages.TheoriesDetail&PageID=338

Promoting Science-Based Approaches to Teen Pregnancy Prevention Using Getting to Outcomes (PSBA-GTO)

Lesesne, C., K. Lewis, C. Moore, D. Fisher, D. Green and A. Wandersman. Draft 2007. Unpublished Manual. Atlanta, GA: Centers for Disease Control and Prevention, Division of Reproductive Health.

This manual walks program planners through PSBA-GTO's ten program planning steps including: (1) conducting a needs and resources assessment, (2) setting program goals, (3) exploring evidence-based programs, (4) selecting an evidence-based program for fit with priority population, (5) assessing organizational capacity to implement selected program, (6) planning for program implementation, (7) implementing program and conduct process evaluation, (8) conducting outcome evaluation, (9) conducting continuous quality improvement, and (10)

sustaining effective programs. For more information about PSBA-GTO, please contact Catherine Lesesne, PhD, MPH, Clesesne@cdc.gov.

SurveyMonkey

SurveyMonkey's purpose is to enable anyone to create professional online surveys quickly and easily. The cost is minimal, or free in some cases. The website has tutorials on how to create a survey, and there are 50 templates that can be used.

www.surveymonkey.com

Web Center for Social Research Methods

This website is for people involved in applied social research and evaluation. The Research Methods Knowledge Base is an online hypertext textbook on applied social research methods that covers everything about defining a research question, sampling, measurement, research design and data analysis. There is information on different types of surveys (questionnaires and interviews), selecting the survey method and constructing the survey.

www.socialresearchmethods.net/kb/survey.htm

Measures

Handbook of Sexuality Related Measures

Davis, C.M., W.L. Yarber, R. Bauserman, G. Schreer and S.L. Davis, Eds. 1998. Thousand Oaks: Sage Publications, Inc.

This handbook contains more than 200 instruments accompanied by the necessary information for their use in research, as well as in educational and clinical settings, and it is available for purchase (\$110) from the Sage Publications website. Measures relating to more than 50 topics are included. Examples are abortion, contraception, education, gender identity, homosexuality, jealousy, masturbation, orgasm, rape and sexually transmitted diseases. Each chapter describes the development and appropriate use of each instrument, giving information on timing, scoring and interpretation. Reliability and validity data are summarized and completely referenced.

www.amazon.com/Handbook-Sexuality-Related-Measures-Clive-Davis/dp/0803971117

Other

Office for Human Research Protections (OHRP)

If your institution is engaged in human subjects research that is conducted or supported by any agency of the U.S. Department of Health and Human Services (HHS), then you must have an OHRP-approved assurance of compliance with the HHS regulations (45 CFR 46.103) for the protection of human subjects. An Internal Review Board (IRB) will provide this oversight. An IRB is comprised of individuals with expertise in research and ethical issues related to the use of human subjects for study purposes. IRB members review research plans, data collection instruments and protocol and then require any revisions needed to ensure that the data collection process will do no harm to study participants. IRB approval is usually required for any data collection involving youth, particularly on topics that are sensitive (such as teen pregnancy and HIV/STI prevention). This OHRP website provides information on IRB registration and assurances, regulations and policies, FAQs and other material related to research on human subjects.

www.hhs.gov/ohrp

Program Fidelity and Adaptation Resources

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- Kumpfer KL, Alvarado R, Smith P, Bellamy N. Cultural sensitivity and adaptation in family-based prevention interventions. *Prev Sci.* 2002;3:241–246.
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Teaching Methods Resources

From the Resource Center for Adolescent Pregnancy Prevention (ReCAPP)

Classroom Management

This article provides some skills and approaches to classroom management. It includes a definition of classroom management and several useful strategies, including asserting your authority as an educator, making learning authentic, using movement and proximity to modify behavior, and applying conflict-resolution-based discipline. It includes a list of resources.

www.etr.org/recapp/index.cfm?fuseaction=pages.EducatorSkillsDetail&pageID=78&PageTypeID=3

Large-Group Discussion

Many adolescent pregnancy prevention curricula include lessons that require the educator to lead large-group discussions on a variety of topics. Effective large-group discussions include four phases: preparation, initiating the discussion, managing the discussion and concluding the discussion. This article provides in-depth tips on how to conduct each of the four phases.

www.etr.org/recapp/index.cfm?fuseaction=pages.EducatorSkillsDetail&pageID=82&PageTypeID=3

Roleplay

This article provides a description of roleplay and its components, tips for using this instructional strategy effectively, a sample lesson that illustrates the strategy in practice and a sample observer checklist.

www.etr.org/recapp/index.cfm?fuseaction=pages.EducatorSkillsDetail&pageID=94&PageTypeID=3

Small-Group Facilitation

Effective pregnancy prevention programs use a variety of teaching strategies to help adolescents personalize and apply the information and skills taught in the program. Educators are sometimes reluctant to use small-group activities because they feel it is difficult to manage several groups of teens at one time. This article provides a description and six steps that outline the purpose and provide a structure for managing small groups in a way that maximizes learning.

www.etr.org/recapp/index.cfm?fuseaction=pages.EducatorSkillsDetail&pageID=87&PageTypeID=3

Other Sources

Complete HIV/AIDS Teaching Kit with CD-ROM Card

J., A. Amarillas, A. Conner, D. Akers, J. Solomon, R. DiClemente. Springer Publishing Company, 2007. 408pp. ISBN 978-0-8261-0316-1

The Complete HIV/AIDS Teaching Kit provides a multidisciplinary approach to teaching the biomedical, social, psychological and behavioral aspects of HIV transmission, prevention and treatment, offering readers a full understanding of the disease. The book contains teaching tools such as learning objectives, key medical and science terms, discussion questions and quizzes.

www.socio.com/srch/summary/misc/happubl2.htm

Honolulu Community College

This website contains an easy-to-use array of teaching tips and techniques. Some of the topic areas are communication, critical thinking, using questions effectively, tools for students, human development and motivating students.

honolulu.hawaii.edu/intranet/committees/FacDevCom/guidebk/teachtip/teachtip.htm

McGraw-Hill Higher Education

This website has a vast array of theoretical information on all aspects of teaching methodology as well as practical resources for developing lessons. Topic areas include classroom management, teaching approaches, learning styles, gender differences, multicultural education, lesson plans and learning strategies.

www.mhhe.com/socscience/education/methods/resources.html

Rocky Mountain Center for Health Promotion and Education

The Rocky Mountain Center for Health Promotion and Education (RMC) Professional Development Partnership (PDP) website is funded by CDC Division of Adolescent and School Health. The purpose of the PDP is to assist CDC-funded local, state and national nongovernmental organizations in strengthening their capacity to provide professional development that will enhance the delivery of education for reducing risk behaviors among youth. Click on "Reference Search" to access a vast array of teaching resources that are organized into categories such as brain-based learning, culture, learning styles and multiple intelligences.

www.rmc.org/

Teaching about Sexuality and HIV: Principles and Methods for Effective Education

Helmich, J., and E. Hedgepeth. New York University Press, 1996 (2nd Edition in 2009).

"This is the most comprehensive book to date to help teachers and community health educators understand the 'how' and 'why' of effective HIV/AIDS prevention and sexuality education."

— Sexuality Information and Education Council of the United States (SIECUS)

nyupress.org/search.aspx?keyword=Teaching%20about%20Sexuality%20and%20HIV

YouthNet Program

(Family Health International)

The *Youth Peer Education Toolkit* includes five resources designed to help program managers and master trainers of youth peer educators to implement reproductive health and HIV/STI prevention programs. They are designed to be adapted to local needs and are based on research and evidence from the field as well as local examples and experiences. The toolkit contains: The Training of Trainers Manual; Standards for Peer Education Programmes; Theatre-Based Techniques for Youth Peer Education: A Training Manual; Performance Improvement: A Resource for Youth Peer Education Managers; and Assessing the Quality of Youth Peer Education Programmes.

www.iywg.org/youth/resources/peer_ed_toolkit

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